Should I bother with 1st class Interrail?

Service	Class with Interrail 1st	Extra Fee?	Free food?	Notes			
📁 Nightjet	Nightjet all classes reservable with a 2nd class Interrail						
- Dailiat	1st	no	no				
nailjet	Business	+€15	drink only				
😂 Westbahn	all classes reservable with a 2nd class Interrail						
SNCB/NMBS	1st	no	no				
SBB	1st	no	no				
Glacier Express	1st	no	no				
	Excellence	421 CHF	5-course meal	jesus christ			
🖕 Leo Express	Business	no	cold meal, alcohol				
🛏 RegioJet	Business	no	drink only (including wine)				
	1st	+€1.30	no	reservation fee is €1.30 more but reservations are optional			
InterCity/InterCityLyn/Lyn+	1'	no	snacks				
II Regional	1'	no	no				
AVE/Euromed	Confort	+€3	no	slightly different fees for Euromed			
	Premium	+€13.50	hot meal, wine				
Z Aliva/Intercity	Confort	+€3.40	no				
LI LI 🎇 😹 Eurostar "Blue"	Plus	+€8	cold meal				
LI LI = Eurostar "Red"	Plus	+€5	no				
Intercités	1st	no	no				
Intercités de Nuit	4-berth couchette	no	no	standard class is 6-berth			
TGV	1st	+€10	no				
II TGV Lyria	Standard Premier	+€10	no				
🗯 Avanti West Coast	1st	no	hot meal, alcohol				
😹 Caledonian Sleeper	Club	+£50 (single) +£60 (double)	hot breakfast				
StrossCountry	1st	no	breakfast roll or sandwich	catering on all Voyagers and select Turbostars			
st EMR	1st	no	breakfast roll or sandwich	Intercity services only			
Srand Central	1st	no	snacks				
Sreat Northern	1st	no	no	some trains only			
Sreater Anglia	1st	no	snacks	most intercity services			
SWR GWR	1st	no	snacks	some services have a (paid) dining car; first class passenger get priority seating			
💥 Hull Trains	1st	no	breakfast roll or sandwich				
State Contract State Sta	1st	no	hot or cold meal, alcohol	availability of hot meals varies by train			
ScotRail	1st	no	shortbread				
southern	1st	no	no	some trains only			
SWR	1st	no	no	some long-distance services only			
💥 Thameslink	1st	no	no				
3 TransPennine Express	1st	no	hot meal, alcohol	snacks, not meals, on class 185 services			
Transport for Wales	1st	no	no	Mark 4 services only; no free food but chef- cooked meals available for purchase in first class only			

Service	Class with Interrail 1st	Extra Fee?	Free food?	Notes	
🚺 Irish Rail	various names	no	no	some trains only	
Frecciarossa	Business	no	snack box, prosecco		
InterCity	1st	no	no		
InterCity Notte	all classes reservable with a 2nd class Interrail				
🚍 CFL	1st	no	no		
🚍 NS	1st	no	no		
ГР	1st	no	no		